

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2020

The Bluffs Life Enrichment Calendar

<p>9:45 *The Crossing Church Live Stream AR 5</p> <p>2:00 *Antique Dolls AR</p> <p>3:00 *Snow Facts AR</p> <p>6:00 *Homemade Snow! AR</p>	<p>9:00 – 12:00 Gentlemen's Barbershop! BS 6</p> <p>10:00 Exercise MDR</p> <p>2:00 *Music Therapy Group w/ Harry Walnut</p> <p>3:15 *Squishy Snowman in a Bag Craft AR</p> <p>6:00 *Meditation Night AR</p>	<p>10:00 *Jeopardy AR 7</p> <p>10:45 Assisted Engagement FW</p> <p>1:30 Manicures Walnut & Oak</p> <p>3:15 *Clarissa's Dance Class MDR</p> <p>5:00 Piano-Lit Dinner w/ Dennis MDR</p> <p>5:00 Piano-Lit Dinner w/ Clarissa ELM</p> <p>6:00 *Live Music & Scripture Reading w/ Dwight MDR</p>	<p>10:00 Music & Children w/ Olivia MDR 8</p> <p>10:30 Assisted Engagement FW</p> <p>2:00 Happy Hour w/ Larry MDR</p> <p>3:15 *Social Group & Games AR</p> <p>6:00 *Dominos Evening Game AR</p> <p style="text-align: center;">New Year's Day</p>	<p>10:00 Assisted Engagement FW 2</p> <p>10:30 Devotion MDR</p> <p>2:00 *Wheel of Fortune Wii Game AR</p> <p>3:30 *Romantic Couples Through The Ages AR</p> <p>5:45 Independent Opportunities Videos Showing & Books, Word Games, Cards Available AR</p> <p>6:00 Evening Prayer Individual Room Visits w/ Laura Cherry</p>	<p>10:00 Exercise w/ children from Christian Fellowship Church MDR 3</p> <p>11:00 Assisted Engagement FW</p> <p>2:00 *Homemade Protein Balls AR</p> <p>3:00 *Pipe Cleaner & Bead Snowflake Craft AR</p> <p>3:30-7 Lost & Found CR</p> <p>5:00 Piano-Lit Dinner w/ Dennis MDR</p> <p>6:00 Evening Prayer Individual Room Visits w/ Laura Walnut</p> <p>6:00 *New Year's Firework Craft AR</p>	<p>10:15 Bluffs Buck Bingo MDR 4</p> <p>2:00 *Movie & Popcorn AR</p> <p>4:00 *Finish The Line Team Game AR</p> <p>5:00 Piano-Lit Dinner w/ Clarissa MDR</p> <p>6:00 *Page 1 Bluffs Scrapbook for December! AR</p>
<p>9:45 *Memorial Baptist Church MDR 12</p> <p>2:00 *CoMo History AR</p> <p>3:00 *Show & Tell AR</p> <p>6:00 *Wheel of Fortune Group Game AR</p>	<p>10:00 *Exercise MDR 13</p> <p>10:30 Assisted Engagement FW</p> <p>2:00 *Marge's January Craft AR</p> <p>3:00 *Acting Class AR</p> <p>6:00 *Snowy Owl Craft AR</p>	<p>8:00 Men's Breakfast & Coffee Club AR 14</p> <p>10:00 *Target Practice AR</p> <p>10:45 Assisted Engagement FW</p> <p>1:30 Manicures Cherry & Elm</p> <p>3:15 *Clarissa's Dance Class MDR</p> <p>5:00 Piano-Lit Dinner w/ Dennis MDR</p> <p>5:00 Piano-Lit Dinner w/ Clarissa ELM</p> <p>6:00 *Hand Massage Night AR</p>	<p>10:00 Music & Children w/ Olivia Parlor 15</p> <p>10:00 *UMC Church MDR</p> <p>2:00 Happy Hour w/ Reminisce Band MDR</p> <p>3:15 *2017 Time Capsule Opening! AR</p> <p>6:00 *Hangman Group Game AR</p>	<p>10:00 Assisted Engagement FW 16</p> <p>10:30 Devotion MDR</p> <p>2:00 *Bagel Day Social AR</p> <p>3:00 *Crochet Club AR</p> <p>5:45 Independent Opportunities Videos Showing & Books, Word Games, Cards Available AR</p> <p>6:00 Evening Prayer Individual Room Visits w/ Laura Cherry</p>	<p>10:00 Exercise MDR 17</p> <p>11:00 Assisted Engagement FW</p> <p>2:00 *Button Snowman Craft AR</p> <p>3:30 *Norman's 1940s Vintage Film Slides AR</p> <p>3:30-7 Lost & Found CR</p> <p>5:00 Piano-Lit Dinner w/ Dennis MDR</p> <p>6:00 Evening Prayer Individual Room Visits w/ Laura Walnut</p> <p>6:00 *Inspirational Stones AR</p>	<p>10:15 Bluffs Buck Bingo MDR 18</p> <p>2:00 *Movie & Popcorn AR</p> <p>4:00 *Team Crossword AR</p> <p>5:00 Piano-Lit Dinner w/ Clarissa MDR</p> <p>6:00 *Q-Tip Snowflake Craft AR</p>
<p>9:45 *The Crossing Church Live Stream AR 19</p> <p>2:00 *Calvary Episcopal Church MDR</p> <p>3:30 *Nature Notes AR</p> <p>6:00 *Table Bowling AR</p> <p style="text-align: center;">Activity Professionals Week</p>	<p>10:00 *Worship Service w/ Columbia United Church of Christ MDR 20</p> <p>10:30 Assisted Engagement FW</p> <p>2:00 *MLK Video of Speech & History AR</p> <p>3:15 *Cheese Lover Group for National Cheese Day AR</p> <p>6:00 *Watercolor Resist Art AR</p> <p style="text-align: center;">Martin Luther King Day</p>	<p>10:00 *Exercise MDR 21</p> <p>10:45 Assisted Engagement FW</p> <p>1:30 Manicures Walnut & Oak</p> <p>3:15 *Clarissa's Dance Class MDR</p> <p>5:00 Piano-Lit Dinner w/ Dennis MDR</p> <p>5:00 Piano-Lit Dinner w/ Clarissa ELM</p> <p>5:45 Independent Opportunities – Videos Showing & Books, Word Games, Cards Available AR</p> <p>6:00 *Cozy Cart – Hot Drinks delivered to your room! FW</p>	<p>10:00 Music & Children w/ Mary & Clarissa MDR 22</p> <p>10:30 Assisted Engagement FW</p> <p>2:00 Happy Hour w/ Silver Senior Singers MDR</p> <p>3:15 *Social Group & Games AR</p> <p>6:00 *Therapeutic Coloring AR</p>	<p>10:00 Assisted Engagement FW 23</p> <p>10:30 Devotion MDR</p> <p>2:00 *Chinese New Year Zodiac Chat AR</p> <p>3:00 *Wine & Cheese Social AR</p> <p>5:45 Independent Opportunities Videos Showing & Books, Word Games, Cards Available AR</p> <p>6:00 Evening Prayer Individual Room Visits w/ Laura Cherry</p>	<p>10:00 Exercise MDR 24</p> <p>11:00 Assisted Engagement FW</p> <p>2:00-3:30 *POP-UP SHOP MDR</p> <p>4:00 *Audubon Bird Talk AR</p> <p>3:30-7 Lost & Found CR</p> <p>5:00 Piano-Lit Dinner w/ Dennis MDR</p> <p>6:00 Evening Prayer Individual Room Visits w/ Laura Walnut</p> <p>6:00 *Would You Rather...? AR</p> <p style="text-align: center;">Chinese New Year</p>	<p>10:15 Bingo MDR 25</p> <p>2:00 *Movie & Popcorn AR</p> <p>4:00 *Chinese New Year Art AR</p> <p>5:00 Piano-Lit Dinner w/ Clarissa MDR</p> <p>6:00 *Karaoke Night AR</p>
<p>9:45 *The Crossing Church Live Stream AR 26</p> <p>2:30 *Forum Christian Church MDR</p> <p>3:30 *Poetry Reading AR</p> <p>6:00 *Laffy Taffy Joke Social AR</p>	<p>10:00 Exercise MDR 27</p> <p>10:30 Assisted Engagement FW</p> <p>2:00 *Documentary & Popcorn AR</p> <p>3:30 *Snowball Fight AR</p> <p>6:00 *Cardinal Bird Hand Painting AR</p> <p style="text-align: center;">Australia Day (observed)</p>	<p>10:00 *Higher & Lower Game + Price Is Right Episode! AR 28</p> <p>10:45 Assisted Engagement FW</p> <p>1:30 Manicures Cherry & Elm</p> <p>3:15 *Clarissa's Dance Class MDR</p> <p>5:00 Piano-Lit Dinner w/ Dennis MDR</p> <p>5:00 Piano-Lit Dinner w/ Clarissa ELM</p> <p>6:00 *Hand Massage Night AR</p>	<p>10:00 Music & Children w/ Mary & Clarissa MDR 29</p> <p>10:30 Assisted Engagement FW</p> <p>2:00 Birthday Happy Hour Dance Party MDR</p> <p>3:15 *Social Group & Games AR</p> <p>6:00 *Balloon Toss Tournament AR</p>	<p>10:30 Devotion MDR 30</p> <p>2:00 *Blackjack AR</p> <p>3:00 *Memorial Service MDR</p> <p>5:45 Independent Opportunities Videos Showing & Books, Word Games, Cards Available AR</p> <p>6:00 Evening Prayer Individual Room Visits w/ Laura Cherry</p>	<p>10:00 Exercise MDR 31</p> <p>10:30 Resident Council AR</p> <p>11:00 Assisted Engagement FW</p> <p>2:00 *You Know You're From Columbia IF... AR</p> <p>3:00 *Drum Circle MDR</p> <p>3:30-7 Lost & Found CR</p> <p>5:00 Piano-Lit Dinner w/ Dennis MDR</p> <p>6:00 Evening Prayer Individual Room Visits w/ Laura Walnut</p> <p>6:00 *Snowflake Art AR</p>	<p>*Bluffs Buck Activity</p> <p>Come to activities with this symbol * and receive a Bluffs Buck to use at our Pop-Up Shop on January 24th</p>

MDR=Main Dining Room, BS=Beauty Shop, AR=Activity Room, FW=Facility Wide, CR=Conference Room